## ENRICHMENT OPPORTUNITIES

#### DISCOVERY RESOURCE CENTER

For employment and career exploration, the center includes user friendly computer, laser printers, fax services, periodicals, career/employment books, videos and other recourses available for checkout.

#### **KEY SPOUSE TRAINING**

Volunteers represented in squadrons across the base that provide vital support to our deployed families.

#### MILITARY ONESOURCE

Military OneSource provides comprehensive information on every aspect of military life at no cost to service members and their families. Military OneSource offers website, call center and online support for consultations on a wide range of issues.

### SPONSORSHIP TRAINING

Provides information and teaches newly assigned sponsors their duties and responsibilities.

#### VOLUNTEER OPPORTUNITIES

Provides recruitment, placement, recognition and training opportunities for base & community volunteers.



## MILITARY & FAMILY READINESS CENTER

(830) 298-5620 520 Mitchell Boulevard | Bldg 362 Located inside the Losano Fitness Center Monday - Friday 0800-1600 Closed for training every third Wednesday from 1200-1600.

> During after hours: Command Post (830) 298-5167

Follow us on Facebook: www.facebook.com/lafb.afrc



47th Force Support Squadron LaughlinFSS.com @LaughlinFSS

PUB. 21 Mar 2023

#### LAUGHLIN AIR FORCE BASE

## MILITARY & FAMILY READINESS CENTER

FINANCIAL READINESS CLASSES, SPONSORSHIP AND KEY SPOUSE TRAINING, RELOCATION AND TRANSITION ASSISTANCE, RESUME WORKSHOPS AND MORE.



## BRIEFINGS

#### NEWCOMERS' ORIENTATION

Offered the 2nd & 4th Tuesday of every month for new base military and civilian personnel. Spouses are highly encouraged to attend.

#### HEART LINK: AIR FORCE SPOUSE 101

Our goal is to strengthen military families and enhance mission readiness by increasing spouse awareness of the Air Force mission, customer, traditions, protocol, as well as available sources and services.

#### PERSONAL & FAMILY READINESS

Provides proper planning, education and training to alleviate some of the family stressors associated with deployments, evacuations, and peacetime or wartime emergencies. Programs include: Pre-deployment/Reintegration & Reunion Briefings, Deployed Family Events, and Junior Deployment.

### **RELOCATION ASSISTANCE**

Helps all military and DoD members prepare for relocation. Assists in planning moves, provide information about the new location, deals with unique situations and addresses concerns that may occur.

# PRE-SEPARATION COUNSELING

Provided 90+ days prior to service member's date of separation. Required before discharge from the military. This one-on-one counseling is designed to ensure necessary assistance and advice on a wide range of services and entitlements. Spouses welcome.

#### TRANSITION ASSISTANCE

Separating or retiring military personnel, their family members and DoD civilian personnel are provided transition information on career planning, job search and interviewing skills, and have access to employment opportunities through workshops, seminars and individual counseling sessions.

#### TRANSITION ASSISTANCE PROGRAM (TAP) WORKSHOP

This workshop is a partnership between the Dept of Labor, Dept of Veteran Affairs and Dept of Defense. Topics include assessing job skills, job search, resume building, cover letters , interview skills, VA benefits and job market information. Spouses welcome!

### SERVICES

#### EMPLOYMENT ASSISTANCE PROGRAM

Provides individual assessment, assistance with resume and job search for military members, families and DoD civilian members.

#### EXCEPTIONAL FAMILY MEMBER PROGRAM

EFMP is designed to provide support to military family members with special needs. The M&FRC offers information & referral services and family day trips.

#### MILITARY & FAMILY LIFE COUNSELOR (MFLC)

Provides short term, situational, problem solving counseling services to service members and their families to augment existing military support services. All counselors are Masters or PhD level, licensed Clinical Counselors who work with families, individuals, couples and children to provide nonmedical problem identification.

## CASUALTY/SURVIVOR BENEFITS PROGRAM

The Air Force provides casualty assistance to family members and other designated beneficiaries of deceased members. Assistance includes counseling on rights, benefits and entitlements; completing claim applications for monetary benefits and privileges; and helping to resolve any problems or concerns the nextof-kin may encounter.

### AIR FORCE AID SOCIETY

Provides emergency financial assistance to eligible military members for basic needs such as: basic living expenses, emergency leave, or unexpected vehicle repairs. Community enhancement programs sponsored by the agency include: Give Parents a Break, Child Care for PCS, Bundles for Babies, Car Care Because We Care, and Financial Emergency Assistance. Visit afas.org.

#### PERSONAL FINANCIAL MANAGEMENT PROGRAM

Education, information and counseling on personal financial topics including: debt management, retirement planning, budgeting, and investing.