

## GENERAL BY-LAWS

- 7-1. **POLICY STATEMENT:** Intramural competition is the "hub" of the Laughlin Air Force Base Sports Programs. These general by-laws apply to all intramural sports conducted on Laughlin Air Force Base. Recommendations for changes must be submitted to the Athletic Director.
- 7-2. **PURPOSE OF INTRAMURAL SPORTS:** To provide organized athletic competition, unit esprit de corps and world-class customer driven, quality of life programs to the units at Laughlin Air Force Base.
- 7-3. **CONTENT:** The following sports have been approved for intramural competition. Other recreational activities dependent upon interest and facilities can be added upon the recommendation of the Sports Advisory Committee and the approval of the Fitness Director.

### INTRAMURAL

Basketball  
Flag Football  
Softball  
Volleyball  
Soccer

### OTHER SPORTS

3K/5K/7K Runs/Walks  
3-point shoot-out  
Health Expo  
Stationary bike race  
Pickle ball tournament

Note: All intramural sports listed above are included in competition for Commander's Trophy points.

#### a. Eligibility of Participants:

- (1) Active-Duty Military, Active-Duty spouses and their dependents 18 years of age and older residing in the same household and attending college, DOD Civilians, NAF Civilians. Attached personnel on TDY orders in excess of 30 days are also eligible. Contractors with the approval of the Wing Commander may participate.
- (2) Personnel are required to participate with their assigned unit.

- (3) If the person moves to a unit during the season it is his/her option as to which team to play on. Once a person plays one game with the team of their choice, they must remain with that team for the remainder of the season.
- (4) Personnel assigned to organizations not entering a team in competition may, upon written request, enter a "player's pool" for selection to another unit's team.
- (5) Prior to the start of league play, all teams entered are authorized to select players from the player's pool. This is done on a first come first serve basis. The Fitness Center needs a letter signed by the league participants. After league play starts with the team with the worse record and goes from there (worst to best). The intramural sports director is responsible for assigning players from the pool to teams.
- (6) Members of a team dropped from competition that wish to continue playing in that sport will be placed on his/her squadron team, if more than one exists. If more than two squadron teams are available, then the team with the worst record will be contacted first. (Squadron Integrity) All other individuals requesting to continue playing will be placed in the player's pool. To be eligible for the playoffs, a player must have participated in a minimum of 2 games during the regular season. Only if a player is PCS in can he/she be added to playoffs schedule (***Must provide a copy of orders***). The Sports Director and Fitness Director will take final action on the request.
- (7) **Eligibility is an integrity issue and is the responsibility of the commanders, first sergeants and coaches. The fitness center will investigate all complaints concerning eligibility violations. Appropriate action will be taken immediately.** A player may be withdrawn from the league with the approval of the Fitness Director when action of the individual was found detrimental to the spirit and intent of this program.
- (8) **Any team using ineligible players will forfeit all games in which that player(s) participated, even if the ineligible player(s) participated without the coach's knowledge.**
- (9) **NO Gentlemen Agreements in our Intramural Programs:**  
Meaning no two teams will make arrangements prior to their games.

- b. **Selection of Coaches:** The selection of intramural coaches will be the responsibility of the unit commander or designated representative. For the purpose of this program the unit commander is the commander of the unit that primarily sponsors the team in the event of a merger. Coordination of commanders of a merged team is encouraged.
- c. **Selection of Players:** Properly designated coaches/managers will select Players. They must ensure all eligible personnel are provided the opportunity to compete for a position on the team. Two or more teams may be formed if sufficient personnel are available.
- d. **Participation Limits:** the following sizes of the various intramural teams are governed by the rules and guidelines adopted for the spot is season. These limits reflect the number of personal awards available throughout the intramural program. If these numbers are exceeded in team size, no additional awards will be funded by the Fitness Center.

|                   |            |
|-------------------|------------|
| (1) Basketball    | 15 members |
| (3) Flag Football | 15 members |
| (4) Softball      | 15 members |
| (5) Volleyball    | 10 members |
| (7) Soccer        | 15 members |

#### 7-4. **TEAM COMPOSITION, COMPETITIVE UNIT:**

- a. Generally, competitive units seeking to enter more than one team in competitions must have their Commander's approval before they can put two teams in the league. Withdrawal of a team during a sports season will be initiated through the Sports Director.
- b. All teams must submit a roster to the Fitness Center on the day of the scheduled coaches meeting for that sport. (Exceptions are Golf and Bowling).
- c. A unit entering more than one team must use a close roster. All players from units entering multiple teams must be on the team's roster to be eligible for participation.

Closed rosters must be submitted to the Fitness Center no later than 1600 on the team's first day of scheduled games. Rosters must be kept current. Changes can be made between the times of 0800-1600 via email, Monday through Friday at the Fitness Center. Only the team coach or alternate can make roster changes. No phone calls to change rosters are allowed.

- d. Two forfeits in a row to include back-to-back games or a total of three in a season will result in the with-drawl of the team from competition in that sport.

7-5. **CHAMPIONSHIPS:** All teams will compete with each other on equal number of times. The team with the best win/lose record will be considered the league champions. In case of ties, league champions will be decided by head-to-head competition. If teams are still tied, least points/runs given up on defense will determine the winner. The base champions will be decided by a double elimination/single elimination tournament with the number of participants determined by the number of teams in the league.

7-6 **EQUIPMENT AND SUPPLIES:** All equipment and supplies used for intramural sports will be provided by the fitness center. The squadron may provide uniforms.

7-7. **GAMES OFFICIALS:** The Fitness Center will provide officials and referees for all games in accordance with the current Fitness Center MOA contract.

7-8. **RESPONSIBILITIES OF THE TEAM COACHES/MANAGERS:** The individual selected as the team coach/manager is responsible for the following:

- a. Enter his/her team prior to the cutoff date and provide the athletic office with the name, rank, and duty phone of alternate.
- b. Only team coaches or alternates should contact the Fitness Center office on matters pertaining to the league. The Fitness Center staff will contact the head couch or the assistant coach, if neither can be notified the squadron sports rep or the first sergeant will be called. The Fitness Center is not responsible for representatives when they are TDY or on leave or their duty schedule changes. It is the responsibility of the coach to inform us of these changes.
- c. Ensure the eligibility of his/her players and responsible for their conduct.
- d. Be familiar with the basic rules and adopted modifications and by-laws.
- e. Represent the team in all negotiation and protests.
- f. Make arrangements for use of facilities and equipment as needed.
- g. Notify all team members of the date, time, and place of scheduled contests.
- h. Coaches or reps are responsible to attend all scheduled meetings of the intramural leagues.
- i. Submit a team roster (if applicable) to the Fitness Center and keep it current during the season.
- J. Ensure participants arrive at the contest site early enough to permit adequate warm-up time. Warm-up period for specific sports are designated in the playing rules of the respective sport.

7-9 **RULES OF PLAY:** The rules published by the organizations listed below may be modified or amended by the Athletic Director who will govern the intramural program. The athletic season, the rules, by-laws, and amendments will be published. Generally, the rules issued by the following organizations are used as the foundation of the intramural program.

- a. Basketball-National Collegiate Athletic Association
- b. Bowling-American Bowling Congress/Women's International Bowling Congress
- c. Golf-U.S. Golf Association
- d. Racquetball-International Racquetball Association
- e. Softball-Amateur Softball Association
- f. Volleyball-U.S. Volleyball Association
- g. Flag Football-National Intramural Recreation Sports Association
- h. Trap & Skeet-American Trap Shooters Association and National Skeet Shooters Association

7-10 **PROTESTS:** Coaches may only protest a player's eligibility. For a protest to be valid, it must be entered in the scorebook at the moment of the incident with the head official's initials and all supporting documentation must be typed and presented to the Fitness Center staff NLT 1200 the day following the contest. Failure to do so will result in the protest being dropped without consideration. Eligibility will not be protested.

- a. The Official must briefly describe the protest in the scorebook and notify the opposing team coach the remainder of the game is being played under protest.

7-11. **POSTPONEMENTS:** Postponements will only be considered for valid military commitments involving 50% or more of the requesting team. Coaches must submit a typed letter to the Athletic Director including reason for postponement, date and time of the event causing the postponement and signature of the squadron commander to reach the Athletic Director no later than 1200 the day before the scheduled contest.

- a. Postponements due to last minute emergencies are at the discretion of the intramural Sports Director. Normal military duty, TDY, squadron parties, and leave are not legitimate reasons for postponement.
- b. In case of base alert or rainout, the game will be rescheduled.
- c. Postponement matters unique to respective sports are covered in the playing rules of the sport.

- 7-12. **INTRAMURAL AWARDS:** Individual awards will be presented to the base champions and runners-up. Team coaches have authority to determine recipients should players outnumber trophies.
- 7-13. **INTRAMURAL SPORTS YEAR:** Now goes by *Calendar year* as of September 2010. The intramural calendar will begin with Basketball and end with Flag Football during a one-year period.
- 7-14. **CONDUCT:** Un-sportsmen like conduct and profanity cannot be permitted in a well-organized military sports program. Players, coaches and managers must refrain from such behavior and submit protests in accordance with these by-laws. Complaints on officials must be submitted to the Athletic Director in writing. The Athletic Director will evaluate the complaint and forward all complaints to Contracting for their evaluation and necessary action. As much as possible, improper conduct is resolved under the provisions of these by-laws and playing rules of respective sports. However, physical violence or gross negligence of military rank may require intervention of authorities outside of the athletic Structure and may cause the individuals involved being suspended from the fitness Center.
- a. Any player, coach or manager ejected for Un-sportsmen like conduct will leave sight and sound of the playing area. The first violation will result in a two-game suspension. A two-game suspension includes playoffs. A second violation will result in the player being suspended for the remainder of the season including playoffs. A letter will be forwarded to their respective commander advising them of the violations and resulting action.
  - b. Possession of alcoholic beverages or participation in a game while under the influence of alcohol is grounds for ejection and carries the same suspension penalties.

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FITNESS AND SPORTS MANAGER